

Withdrawal Management Services

Withdrawal Management Services - *A unique environment to nurture and assist clients to start road to recovery.*

Withdrawal Management Services encompasses the continuum of care for addictions from street level to early stabilization. Nurses work in a strong interdisciplinary team culture with opportunities for education in this specialized field. They work mainly in the front end of the continuum in three primary areas:

Community Medical Detox

- Acute care medical (drug and alcohol) withdrawal
- In-depth assessments provided by nurses, physicians and addictions/recovery workers
- Short-term stay bridging to community resources or further treatment
- Offers counseling, yoga, art therapy, 12-step meetings and various volunteer services

Pembroke Stabilization Unit

- Maximum 30-day stay community residential setting, providing stabilization for post-acute withdrawal syndrome
- Ongoing bio-psychosocial assessment
- Development of individual treatment planning and linkage to appropriate community support services
- Individual support offered by both nurses and addictions/recovery workers

Addictions Intake

- Part of an interdisciplinary team triaging referrals for Island Health Adult Addiction Services
- Primary responsibilities for the nurse are face-to-face and telephone assessments, and presentation of those cases at triage meetings
- In-depth assessment of potential clients including physical, mental, addictions, socio-economic, housing and support providing an opportunity to create a therapeutic bond

Our Teams

Our staff enjoy working with a diverse clientele from all walks of life. They also have an interesting mixture of duties which includes standard bedside nursing, social work and community liaison work. Other advantages include:

Increased Independence/ Devoted & Supportive Team Environment

- Independent practice (nurse responsible for many client care decisions)
- Strong interdisciplinary team culture

Staff/Client Ratios

- Detox – 7:1 client to staff minimum ratio including addictions and recovery workers
- Pembroke Stabilization Unit – 17:3 patient to staff minimum ratio including addictions and recovery workers

Hours of Work/Shifts

- 8 and 12 hour shifts (mostly 8 hours)
- Some straight days/evenings/nights or a mix of all shifts (basically 4 and 2 rotations)

Excellent health and care for everyone, everywhere, every time

<http://www.islandhealth.ca/careers>

